



HEALTHWORKS

FITNESS CENTERS FOR WOMEN

Healthworks Fitness Centers, Inc.
Corporate Office
137 Newbury Street
Boston, MA 02116
www.healthworksfitness.com
www.healthworksfoundation.org

Dear Internship Applicant,

Thank you for your interest in Healthworks Fitness Centers for Women. Healthworks has provided a progressive, advanced and supportive environment for Boston area women for over 30 years. Founded in 1977 with a single location in Salem, Massachusetts, Healthworks has been locally owned for over 30 years and has grown to include five locations. We currently have over 18,000 members at our Salem, Cambridge, Back Bay, Brookline, and Chestnut Hill locations. At Healthworks, every intern learns all aspects of the fitness and health industry, not only enriching their lives and experience, but also the lives and experiences of others.

Healthworks Fitness Centers is a full service, upscale fitness facility, dedicated to providing superior service and encouragement to all our members. Our company fosters an environment of hard work and dedication in helping women achieve their health and fitness objectives. Through our culture and business structure, Healthworks enables employees to learn a wide variety of job functions in business and marketing related to the fitness industry. Interns will have a similar opportunity to learn.

Our fitness staff is committed to providing members with the expertise and support needed to reach their health and wellness goals. As an intern you will have the opportunity to be involved with all aspects of club programming and program management including: exercise prescription, fitness evaluations, wellness promotion, functional movement screening, personal training, sales training, program development and marketing, member integration and retention as well as professional business training.

Interested applicants should send a letter of intent and resume to Bonnie Lefrak, blefrak@healthworksfitness.com. Thank you for your interest!