

# Thanksgiving Hours

Healthworks Back Bay will be following a modified class schedule over the Thanksgiving Day holiday.

## **Wednesday, November 23rd** **Club will close at 8:00 p.m.**

5:15 p.m. Intro and Ride! - Cancelled

5:30 p.m. Bosu Challenge - Cancelled

5:45 p.m. Slow Flow Yoga - Cancelled

6:15 p.m. Hour Ride - Cancelled

6:30 p.m. Body Defined - Cancelled

7:30 p.m. Cardio Strike - Cancelled

## **Thursday, November 24th** **Club will be closed and all classes are cancelled**

## **Friday, November 25th** **Club will open at 7:00 a.m.**

6:30 a.m. Body Attack - Cancelled

7:00 a.m. Body Express - Cancelled

9:30 a.m. Body Pump - Cancelled

12:15 p.m. Body Jam - Cancelled

5:30 p.m. Ride! - Cancelled

6:30 p.m. Body Pump - Cancelled

## **Saturday, November 26th**

8:00 a.m. Kick N Sculpt - Cancelled

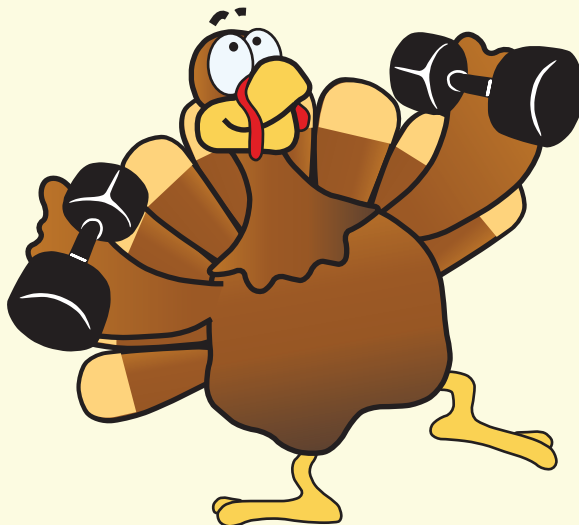
11:00 a.m. Body Express - Cancelled

11:15 a.m. Gentle Yoga - Cancelled

## **Sunday, November 27th**

9:30 a.m. Vinyasa Yoga - Cancelled

If you have any questions, please contact the Group Fitness Director, Tara Breznovits at [tbreznovits@healthworksfitness.com](mailto:tbreznovits@healthworksfitness.com)



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