

Thanksgiving Hours

Healthworks Chestnut Hill will be following a modified class schedule over the Thanksgiving Day holiday.

Wednesday, November 23rd Club will close at 8:00 p.m.

4:30 p.m. BarSculpt - Cancelled

5:30 p.m. Body Pump - Cancelled

5:30 p.m. Pilates and Yoga - Cancelled

6:00 p.m. Body Attack - Cancelled

6:30 p.m. Hatha Yoga - Cancelled

6:30 p.m. Ride! - Cancelled

6:45 p.m. Body Jam - Cancelled

7:30 p.m. African Dance - Cancelled

Thursday, November 24th

Club is open 8:00am -1:00pm and all regular classes are cancelled

SPECIAL CLASSES OFFERED

8:30 a.m. Zumba

8:45 a.m. Ride!

9:30 a.m. Mat Pilates

10:00 a.m. Body Defined

11:30 a.m. Slow Flow Yoga

Friday, November 25th Club will open at 7:00 a.m.

6:00 a.m. Zumba - Cancelled

6:15 a.m. Ride! - Cancelled

8:00 a.m. On the Ball - Cancelled

5:45 p.m. Gentle Yoga - Cancelled

Saturday, November 26th

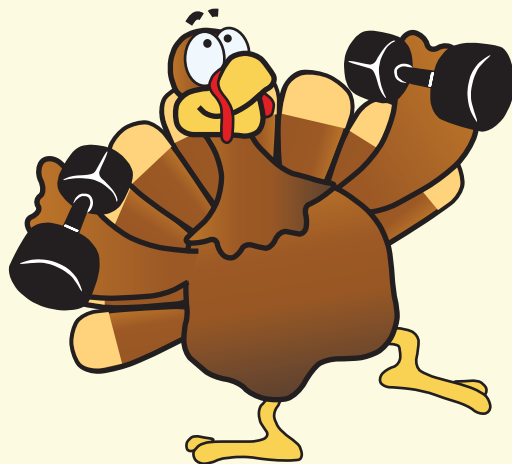
9:00 a.m. Hour Ride - Cancelled

10:45 a.m. Prenatal Yoga - Cancelled

Sunday, November 27th

12:30 p.m. Restorative Yoga - Cancelled

If you have any questions, please contact the Group Fitness Director,
Liza Elmstrom at lelmstrom@healthworksfitness.com



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