

The Cambridge Healthworks will be observing a modified class schedule over Labor Day weekend.

Friday, September 3 – Normal Club Hours

- 8:00am Breathe - Cancelled
- 10:00am Intermediate Pilates – Cancelled
- 11:00am Mommy & Me – Cancelled
- 2:30pm Intro to Boxing – Cancelled
- 3:00pm Boxing – Cancelled
- 6:30pm Advanced Boxing - Cancelled

Saturday, September 4 – Normal Club Hours

- 9:00am Nia – Cancelled
- 10:00am Ride! – Cancelled
- 11:15am Prenatal Yoga – Cancelled
- 12:30pm Slow Flow Yoga - Cancelled

Sunday, September 5 – Normal Club Hours

- 10:30am Body Jam – Cancelled
- 11:30am Strong Women – Cancelled
- 4:00pm Vinyasa Yoga – Cancelled
- 5:30pm Ride! - Cancelled

Monday, September 6 – Club Closed

Club is closed and all classes cancelled.

If you have any questions, please contact Group Fitness Director, Kate Perez at kperez@healthworksfitness.com