

The Salem Healthworks will be observing a modified class schedule over Labor Day weekend.

Friday, September 3 – Normal Club Hours

6:00pm Yoga - Cancelled

Saturday, September 4 – Normal Club Hours

Sunday, September 5 – Normal Club Hours

8:00am Spinning – Cancelled

9:00am BodyPump - Cancelled

Monday, September 6 – Club Closed

Club is closed and all classes cancelled.

If you have any questions, please contact Donna Nielsen at dnielsen@healthworksfitness.com